



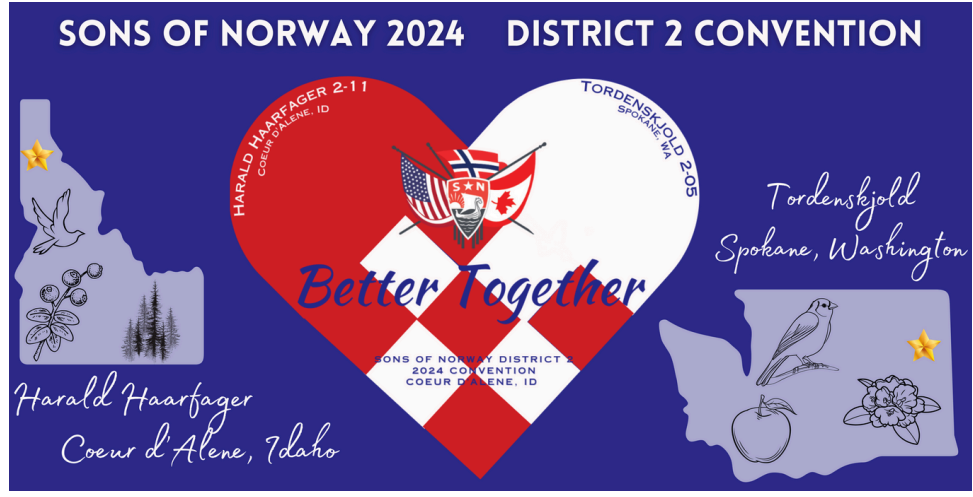
SONS of NORWAY

Dynamic 2

VOLUME 38

Washington, Oregon, Idaho and Alaska

Sons of Norway District 2 - Fall 2024



Above: Earling Berg awarded for recognition of volunteerism for Trollhaugen.
Below: 2024's Man and Woman of the Year Awarded to Mark Agerter & Joann Gray

"The mission of the District Two Lodge, it's officers and directors is to promote the interest of Sons of Norway within District Two and to cooperate with and assist the International lodge and its officers. District Two will assist its local lodges to promote, preserve and cherish a lasting appreciation of the heritage and culture of Norway and other Nordic countries for people of all ages."
(<https://www.sonsofnorway2.com/>)

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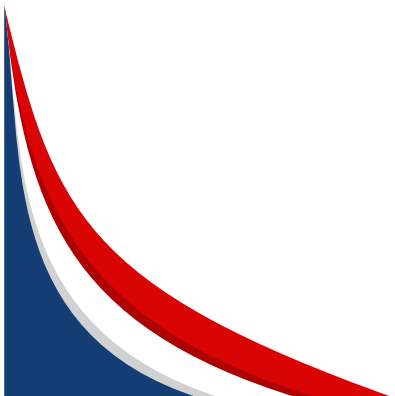
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Leadership Seminar / Officer Orientation

November 23rd, 2024 10:00am-2:00pm
 Location: Odin Lodge (Yakima)

December 14th, 2024 10:00am-2:00pm
 Location: Poulsbo Lodge (Poulsbo)





PRESIDENT'S MESSAGE

Dynamic 2 - Fall 2024

Joanne Gray

Congratulations once again to Tordenskjold and Harald Haarfager Lodges for a wonderful convention held in beautiful Coeur d'Alene Idaho. Their theme, "Better Together", reflected the spirit of our membership. Congratulations also to Joan Wraalstad recipient of the

Woman of the Year Award and to Mark Agerter District Two Man of the Year. Both are most worthy recipients. The past few months have been eventful for the District with the Borderfest at the Peace Arch Park in Blaine, WA in June. The Steak Fry held at Trollhaugen in July had more than 100 attendees, many of whom enjoyed the Horseshoe and Kubb tournaments. Erling Berg, a 50-year Trollhaugen board volunteer was honored for his service. The annual Golf Tournament in August in Cle Elum was a lot of fun; however, we are hoping for a larger lodge representation next year. Regrettably, the September Adult Heritage Retreat had to be cancelled due to lack of participation. Hopefully next year there will be a renewed interest, and we will have more attendance.

This year, for the first time since Covid we were able to hold all three youth camps. All the campers had a wonderful experience and, hopefully this will continue in the next few years and plans are already in the making for future camps and campers.

Plans are being finalized for two Leadership Seminars this Fall. Seminar dates will be announced in the very near future. Lodges are electing their officers, and this is an ideal time for leaders and future leaders to meet together to familiarize themselves with leadership skills. These seminars are not only for leaders, but they also offer valuable information to all members.

Starting early in 2025 we will be holding Zone Seminars in each of the six zones. Dates will be available in the near future, and you will be hearing from your Zone Director as soon as the dates and locations have been finalized.

In closing I would like to thank Joan Wraalstad for her work on the District 2 website and I would invite you to visit the District 2 website, www.sonsofnorwayd2.org. I also want to thank all the District Board Members for their support of and dedication to District Two.

Fraternally,

Joanne Gray
President





VICE PRESIDENT'S MESSAGE

Dynamic 2 - Fall 2024

Bill Hicks

Hello to all;

Cannot begin to tell you how much I enjoyed the 2024 District Convention a big thank you to Harald Haarfarger and Tordenskjold Lodge for the wonderful time.

It has been an interesting summer with the ability of attending many District and Lodge events, as well as being the President of the Union I belong to, and just completing our Contract negotiations with the state of Washington. We had a great turnout for the Trollhaugen Steak Fry, along with the Horseshoes and Kubb tournament with a wide variety of participants. We had the opportunity to attend the 89th Anniversary of Oslo Lodge #37 and Borderfest in July at Peace Arch Park in Blaine.

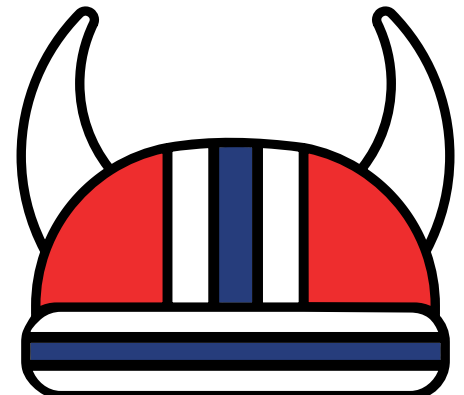
It has been a very large learning experience for the position of Vice President in that you get the reports for all lodgers as far the 999 and 000 lodges and continually receiving applications for lodge membership to the lodges who still vote their members in. Still learning and looking forward to working with the Zone Directors in the moving forward of the lodges.

I am hoping to work with the Zone Directors to assist in the working of the membership and how we can get the District growing. I also look forward to working with the Zone Directors Joanne and Chris in presenting the Zone Seminars and to try to get in a few Leadership Seminars for the District.

I look forward to seeing you all soon and am looking forward to working with all of you.

Bill Hicks,

Dist 2 Vice President





SECRETARY'S MESSAGE

Dynamic 2 - Fall 2024

James Wraalstad

Welcome to the fall. I did enjoy the summer we shared. I love Coeur d'Alene. I am so thankful for the special work that Pam and Cynthia and the team put in to making the convention so special. The lodges need to remember to submit the "D" forms as appropriate.

Refer to the D17, D18, and IRS 990 Tax Filing form. Remember to keep your membership rolls current. Your official membership count is finalized on 12-31-2024 at the stroke of midnight. The count of members on this date is what determines the lodge funding.

I am aware that many lodges are having trouble filling the officer positions. Do what you are able by the end of the year. Sometime around the middle of January I will be receiving a report from the Home Office. At that time, I will begin the production of the 2025 Lodge Directory. I have some flexibility, but I have to freeze the District Directory the first part of February and print for distribution to the lodges so please ensure that your officer list is current with the Home Office. This is the D63 lodge officer update form but it's so much easier online. IF YOU NEED ASSISTANCE, please contact me.

Speaking of District 2 Officers, what a terrific team we have this year. Welcome to our new Vice President Bill Hicks, our new Treasurer Dan Andrews and new Zone Directors. This should be a good 2 years.

The night before we left for the convention, the D2 website was hacked. It was being used by some "gamblers" in a worldwide operation. So, it's not like I didn't have enough to take care of. However, the "nasty bits" were removed, and the web site was restored in short order and put back online.

Mark Agerter has finished working on the Bylaws, and they have been submitted to the Home Office for review and approval. If you are involved in your local lodges Bylaws be advised that you need to make sure you are using the very latest version of the template.

As I write this, I have had right knee replacement surgery, and scheduled the left knee for December, so next time I see you, I hope to be doing cartwheels down the hallway.

Fraternally,

James Wraalstad
Secretary, District 2 Sons of Norway





COUNSELOR'S MESSAGE

Dynamic 2 - Fall 2024

Jerry Erickson

Over the past few months since the 2024 District Convention, I have been reviewing the District Policy and Procedures. My predecessor Ernie Fosse did a great job of annotating things that should be changed and noting changes in wording to give better clarity. I have continued to make some of those changes and also show the changes that the change in governance has required.

Gone is the information about International Conventions and the way the International Board is nominated and elected. I have updated the instructions for writing and submitting resolutions and bylaw changes as published on the International website.

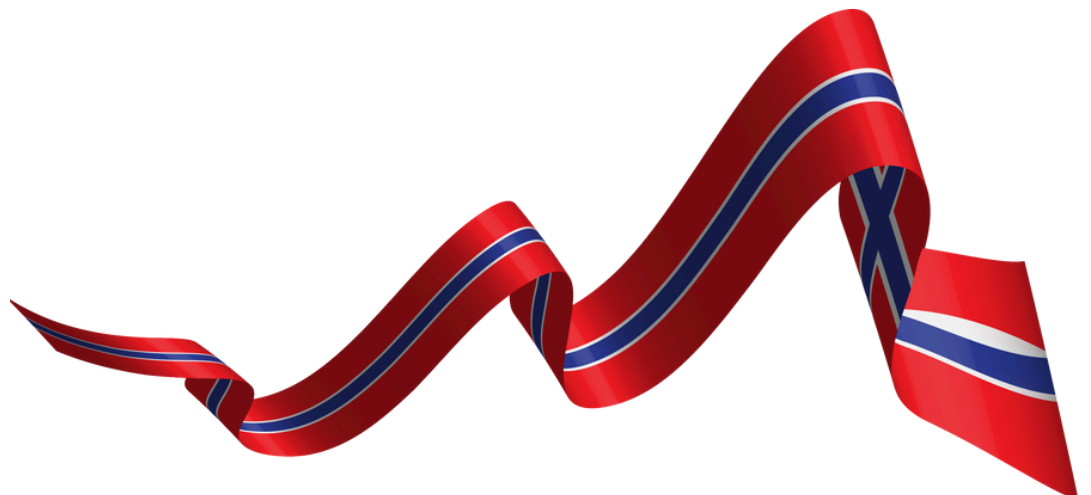
The wording for Zone Seminars / Idea Exchange probably needs to be revised as we are looking at the Zone Seminars and Leadership Seminars provide both leadership information, but also a sharing of ideas for better Lodge management and programs.

Each Lodge Officer should review their area of responsibility and provide updates and corrections.

This document is a work in progress that continues to be changed and updated as time goes on. I will be putting an updated P & P out for your review in the coming weeks.

Jerry Erickson,

SON District 2
Counselor





TREASURER'S MESSAGE

Dynamic 2 - Fall 2024

Dan Andrews

Since being elected Treasurer at the District convention I have been familiarizing myself with the District's financial books and the procedures in place for dispersing funds. I have also uploaded our QuickBooks information from the old treasurer's laptop to the online platform.

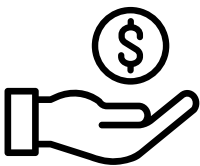
I have gone through the financial folders for the first half of the year and while all of the needed information was there, it was hard to come up with a month-to-month accounting in a timely manner. Starting in the month of July I created new folders with all the income and expenses for a single month in one folder. My next project will be to take all of the previous information given to me in hard copy form (policies and procedures, other documents) and transferring them to an electronic form so that the hard copies can be archived.

I have created a P&L for the first half of the year, a Balance Sheet for the same time period, and a third report that is a P&L for the first half of this year compared to the first half of last year. We can't compare apples to apples because this was a convention year, however I would have you look at the one highlighted line on the report. For the first half of this year, we are only down \$265 in District dues compared to last year. I will be watching this line to see what impact the dues increase has going forward.

Please let me know if you have any questions.

Dan Andrews,

District Two Treasurer





CULTURAL DIRECTOR'S MESSAGE

Dynamic 2 - Fall 2024

Sally Dwyer

Not a whole lot to report since the election in Coeur d'Alene the beginning of June. Summer is kind of the quiet time in Sons of Norway world and very much so on our little island as FISHING is all anyone talks about, does, smokes, fillets and eats!

Now that Fall/winter are here and the snow is halfway down the Coast Range across the waters to the mainland, it is time to think of ideas to share within the lodges of the district. I will list a few and hope for feedback to share with all D2 Cultural Directors. As many lodges do not list or perhaps have CDs, I will hope the President or Vice President will step up.

Woven hearts-find the template you want online and print off in various contrasting colors for the next lodge potluck or meeting. Make sure someone in your group knows how the weaving goes and can help those challenged by the direction. Use a thicker paper so it doesn't tear while working with it-just a suggestion.

Cookie decorating-Bake a big bunch of sugar cookies in various shapes and mix up lots of buttercream or royal icing in festive, bright colors. Dig out those little bottles of sprinkles and have a cookie table or event for both kids and adults. I have a great recipe for a large batch if you don't have a favorite and can email it to you-my email is sallydw1942@gmail.com

Ornament painting and/or stenciling-You all live near a Michael's, Hobby Lobby or JoAnn store and can find small wooden ornament shapes to paint. They also have brushes, acrylic paints (these dry quickly), stencils like snowflakes and can make lots of fun works of art for the kids and again, adults alike.

Bow making-you have a beautiful wreath for the front door, but no bow. Hmm, someone in your lodge must know how to make gorgeous bows but if not, invite a florist person in to show you how to make these as a short program.

Meatball/Fishcake making-Always favorites at any lodge potluck or dinner for fundraising. Use your lodges favorite recipes or email me for our lodges favorites-we happily share.

Smorgastrata (Sandwich cakes)-And now to my own favorite that I have not done yet. If I had unlimited funds available I would send tickets to both the Bend and Poulsbo lodges and see who would like a trip to share the making of these gorgeous and savory visual delights. I know I can Google this and make it, but wouldn't it be way more fun to do this in a group and see all the imaginations running wild in the decorating? I can only wish. Well that's all for now. If you would, please send me your new Cultural positions/addresses etc., when elected for the 2025 term. I am building my email group and don't want to miss anyone.

Have a wonderful holiday season,

Sally Norheim Dwyer
D2 Cultural Director and island bound Alaskan





FOUNDATION DIRECTOR'S MESSAGE

Dynamic 2 - Fall 2024

Mark Agerter

Greetings all:

I am happy to be back on the District Two board as your Foundation Director. Just couldn't say no to President Joanne!!! Since my appointment, at the end of August, I am still trying to get a handle on what needs to be done.

I attended a zoom meeting with all District Foundation Directors called by Past International President and current Foundation Chair, Jon Tehven on September 18.

We discussed the Together We Are the Future campaign and our fundraising goals for 2024. My personal goal for the next two years is to try to encourage more lodges to have a foundation director. At present, only 13 of our 38 D2 lodges have one in place. I am sure we can do better than that!

How can we help you might ask? Here's how:

- Encourage and support a lodge foundation director for each and every lodge (this is not a difficult job!)
- Publish newsletter articles about the foundation – both opportunities and needs (lots of information on the SON website)
- Email your members with the good news about what the foundation is and what it does and encourage them to both apply and donate (Remember all donations are tax deductible!)

My plan is to send out periodic emails with information that will help you communicate Foundation news with your members. Please share these emails with your members and/or in your newsletter or through whatever method you use to send out important information. Here is a piece of really positive news to share that you may not have heard yet. In response to increasing costs, the Helping Hands for Children grant award is now up to \$1,500. In addition, both the Helping Hands for Medical Relief and Helping Hands for Disaster Relief are up to \$5,000. For further information, click on the Foundation tab in the SON website.

Lastly, I want to thank you all for everything you do for Sons of Norway. This is a great organization for a lot of reasons, not the least of which is your participation and enthusiasm.

Keep up the good work!

Mark Agerter
Foundation Director, District Two





SPORTS DIRECTOR'S MESSAGE

Dynamic 2 - Fall 2024

Laurie Berg

Fall report 2024 wrap up:

July 15th Horseshoes and Kubb

- 4 lodges participated this year.
- Like last year Kubb is the game of choice.
- Medals went to Bothell, Spokane, and Sol-land

Aug 17th Golf Tournament in Cle Elum WA

- We had 3 teams of golfers this year.
- The men's team from Bothell and Poulsbo took home medals.
- The Co-Ed medals went to Bothell.
- After a few drinks and appetizers at the clubhouse dinner followed at The Sunset Cafe.



Laurie Berg
District 2 Sports Director

YOUTH DIRECTOR'S MESSAGE

All 3 of the camps happened this summer. Learn more about the camps by reading the report of the Youth Camp Committee. About half of the kids that go to the Youth Camps are not active in Sons of Norway. Getting these kids involved in activities at your local lodges is also a great way to get new families into your lodges. Several of the kids at camp are friends of other Sons of Norway members.

District 2 is fortunate to have 3 camps during the summer. Camp Trollhaugen on Stampede Pass for 13-15 year olds, Camp Nidaros in Gearhart, Oregon for 9-12 year olds, and Camp Normanna in Arlington, WA for 9-12 year olds. Seth Tufteland is working on making a Youth Camp PowerPoint program/video available for all lodges to use as a recruiting tool in their lodges. Please continue to support youth programming. There is only 1 way for the Sons of Norway to continue in the future, and that is to get younger people involved. I am happy to provide ideas on programs you can start and use at your lodge. Just send me an email.

The dates for the Youth Camps in 2025 are as follows.

Trollhaugen: June 29 – July 12

Nidaros: July 13- July 26

Normanna: July 27- August 9

Fraternally,

Laurie Berg
District 2 Youth/Unger Venner Director





PUBLICITY DIRECTOR'S MESSAGE

Dynamic 2 - Fall 2024

Cindy McManus

Greetings to All,

I am excited to share that this marks my inaugural endeavor as a publicity director. This journey has proven to be both a valuable learning experience and an enjoyable one. I would like to extend my gratitude to Rob Kodalen for his encouragement and support throughout this transition. After over six years in this role, he has truly become an expert. I recently submitted my first content and photo to Viking Magazine, and I found Kristin Lehman from International to be exceptionally helpful. To identify the appropriate contacts, I initially reached out via email to Lodge Publicity Directors, Editors, Presidents, and Secretaries when necessary.

Several lodges responded promptly with the correct contact information, which was greatly beneficial. I established three deadlines for submissions for the remainder of 2024: August 23, October 11, and December 13. For the August deadline, I received only two submissions, which I have already submitted.

Additionally, I emailed the International Board Director, District Officers, Zone Directors, Camp Directors, and the Trollhaugen Board to request their reports and photographs for the Fall Edition of Dynamic 2, which I aim to publish by November 1, 2024.

I look forward to receiving any information you wish to share and to collaborating with the outstanding Board of District 2.

Sincerely,

Cindy McManus
SON District 2
Publicity Director



Don't forget to send me Sons of Norway Photo Submissions

We appreciate when you share information about your members, past and upcoming lodge and events to be featured in the Viking magazine and other organization communications.



1. Past Events and Member Activities
2. Member Profiles
3. Upcoming Events and Member Activities



ZONE 1 – DIRECTOR’S MESSAGE

Dynamic 2 - Fall 2024

Duane Esperum

As Zone 1 Director I am honored to represent the following six District 2 lodges. I have truly enjoyed visiting several of the lodges in my district and look forward to my future visits. As you read my report you will find Zone 1 lodges are very busy with many fun and exciting upcoming events. I have been curious to see how my lodges are doing in membership growth over the past 4 years. The following are my findings.

Membership Status	2021	2022	2023	2024	Gain/Loss % past 2 years
Grieg Lodge #15, Portland	438	445	436	427	2.11% loss
Nidaros Lodge #16, Astoria	91	90	83	86	3.49% gain
Sonja Lodge #38, Eugene	183	176	177	190	14.21% gain
Roald Lodge #39, Klamath Falls	45	48	52	49	6.12% loss
Thor Lodge # 42, Salem	90	97	90	88	2.27% loss
Fjeldheim Lodge #47, Bend	161	146	151	137	10.22% loss
Columbia Lodge #58 Vancouver WA	115	129	129	121	6.61% loss

Respectfully submitted by:

Duane Esperum
Zone 1 Director, District 2



ZONE 1 – DIRECTOR'S MESSAGE

*Duane Esperum
continued..*

Grieg Lodge #2-15, Portland

Norse Hall is located at 111 N.E. 11th, Portland, OR 97232

President: Mary Knutson Sullivan

Website: norsehall.org

Board Meetings are the Last Sunday of every month 10am - 12pm

Business Meetings every 1st Thursday of every month 5:30-8:30pm

- Meet in the Horny Troll for pre-meeting snacks and socializing.
- Meetings start at 6:30pm. Following the meeting, relax with a sweet finish.

Regular Events:

- September 8th at 8:30am to 12:00noon - Viking Pancake Breakfast! All you can eat pancakes, plus eggs, sausages, fruit, coffee, tea, and hot chocolate (for the kiddos). The cost is \$10 adults, \$6 for children 3-10, and children under 3 years old eat for free.
- 2nd Monday of each month - Norwegian conversation group.
- Tuesday 10am-1pm - library is open
- Saturday afternoons - Norwegian literature book discussion group.
- Periodic Heritage arts and crafts classes and workshops - see website calendar

Special Events:

- September 27 (TGIF) 5:30 to 8:30pm Bingo Night!
- Join us for a low-pressure sit-around and yackety-yak with your Lodge friends, enjoying the best of what the Horny Troll has to offer! And in September, TGIF is led by the Grieg Lodge
- Scholarship Fund is hosting a Bingo Night.
 - Buy a card for \$10 and play all evening. Win fun prizes!
- Nov 10th - Lutefisk Dinner (2nd Sunday) Seatings Noon, 2pm, 4pm and 6pm
 - Dinner \$40, Youth \$10 under 10 yrs. (Note: 2pm seating is sold out as of 9-22-24)
 - Dinner Menu: Lutefisk, meatballs with brown gravy, boiled potatoes with cream gravy, cranberry relish, lefse, flatbread, dessert, coffee and tea
- May 17th Syttende Mai

Nidaros Lodge #2-16, Astoria

Sons of Norway Hall, Gearhart, OR 97138

President: Ann K. Madsen

No Website: www.Facebook.com/people/Nidaros-Lodge-16-Sons-Of-Norway

Board Meetings: N/A

Business meeting: 4th Mondays of each month at 3:00pm

Regular Events: Not Available

Special Events:

- Sept 15th at 1:00pm - Celebrate Past president Jorgen's 90th Birthday.
- October 7th 6:30pm - Norwegian conversations class at Clatsop Community College in Astoria. Cost: \$85.00 for 8 sessions.

ZONE 1 – DIRECTOR'S MESSAGE

*Duane Esperum
continued..*

Thor Lodge #2-42

Salem Masonic Temple, 1625 Brush College Rd NW.

President: Terrence R. Arendt

Website: www.facebook.com/ThorLodge2042

Board Meetings 3rd Tuesday of the month at St. Mark Lutheran Church at 790 Marion St NE

Membership Meetings: 2nd Saturday of each month.

Regular Events:

- Sept 14- Nominating Committee Report for 2025 slate of officers.
 - Welcome new members and memorial for lost members.
 - Heritage story sharing
 - Oct 26 - 9am -12pm Lefse Bake #1
 - Nov 16 - 9am -12pm Lefse Bake #2
 - Nov 9 - 6:30pm Fall Fundraising Dinner: Tickets \$15 each
 - We can seat up to 72 people. The dinner entrée will be pork roast, accompanied by potatoes, a vegetable and the usual beverages.
 - Members are asked to bring a salad or dessert to share.
 - The program will include honoring our military veterans at this meeting.
 - These dinner fundraisers support our lodge in lieu of the lutefisk dinners we no longer do.
 - Dec 14 - 1:00-3:00pm - Thor Lodge Christmas Party
-

Fjeldheim Lodge #2-47

Bend 549 NW Harmon Boulevard.

President: Daniel S. Andrews

Website: bendsonsofnorway.wixsite.com

- No information from Fjeldheim Lodge at the time of this report.
-

Columbia Lodge # 2-58

Vancouver 2400 Grant St., Vancouver, WA

President: Leland M Saele August Membership: 121

Website: www.sofnvancouver.com

Board Meetings are the 2nd Sunday of each month

Membership Meeting (social) 1st Saturday 2:00pm-5:00pm. Family friendly.

Events:

- 2nd Sunday of each month - 9:30am to 12:00pm PANCAKE BRUNCH
- Serving from September through June
- December 7, 2024 (Saturday). Third annual Christmas Bazaar Features hand-crafted items by local artisans. Purchase coffee and Nordic treats at our snack bar! Visit our website for updates.
- Welcome to Vancouver Sons of Norway Web Site (sofnvancouver.com)
- Open House every Tuesday from 10:00am to Noon at the Lodge. Join us for coffee and friendly conversation. Help assemble a jigsaw puzzle. Browse our Heritage Library
- Every Thursday from 9:00am to 12:00noon is Lefse. (September through November and February through May.

ZONE 1 – DIRECTOR'S MESSAGE

*Duane Esperum
continued..*

Sonja Lodge #2-38

Eugene 710 McKinly St, Eugene Or

President: Kae Ellingsen

Website: sonjalodge.org Also on Facebook.

Board meetings are the last Thursdays each month 7:00–8:00pm

Business meetings are the 1st Thursday of each month 5:30–8:00pm

- 5:30pm Potluck dinner, 6:30pm Cultural program, 7:00pm business meeting

Regular Events:

Mondays: 7:00–8:30pm Norsk Book club & 7–8:30pm Norsemen Rehearsal

Tuesday 12:00–1:00pm Lunch Bunch (all are welcome), 6:00–8:00pm Carving and Crafts nights, includes hardanger embroidery, weaving knitting and the library is open.

Wednesday 4:00–5:00pm Intermediate Norwegian (virtual)

Special Events:

- September 5 – Business meeting, Potluck dinner, Cultural Ice Cream Social see above for time.
- September 21 – New and Prospective Dinner (free dinner) members \$20.00.
 - 5:00–6:00pm Meet & Greet with appetizers, traditional Norwegian meatballs with gravy, carrots, roasted new potatoes, eplekaker, and of course lots of coffee.
 - Of the 21 new members since last October, 7 attended the dinner along with 8 prospective guests joined that evening. Also attending was Karen Frascione SofN financial counselor.
- Sep 26 & 27 – Lefse making to sell at Holiday Faire. Contact Jeannie Hubbard if you want to help
- October 26 from 9am–2pm Sonja Lodge Daughters– Holiday Faire Fundraiser
 - This fundraiser helps the lodge with monies for donations to community organizations.
 - Luncheon of open faced sandwiches, yellow pea soup and lots of baked goods.
 - Rosemaling demonstration and sale, handcrafted items and specials from the butikk for sale
- Sept 17–Oct 8 from 6–8:30pm – Rosemaling class Session 1
- Sept 20–22 – D2 Adults Camp at Trollhaugen. Contact Chris Hicks
- Oct 15 – Nov 5 will be Session 2 Rosemaling classes
- Jan 28th Annual Lutefisk Dinner, seating time 1pm (sold out), 2:30 & 4:00 pm
 - Tickets: \$45 Adults, \$20 kids under 12

Roald Lodge #2-39

Klamath Falls Odd Fellows Lodge, 2209 Gary St.

President: Diann S Kerr.

www.Facebook.com/RoaldLodge/

Board Meetings:

Business meetings: 3rd Saturday every month at 12:00pm.

Meetings at IOOF Odd Fellows Lodge #137, 2209 Gary St

- Potluck lunch



ZONE 2 – DIRECTOR’S MESSAGE

Dynamic 2 – Fall 2024



My introduction into being a Zone 2 Director has been nothing but interesting to say the least. One broken wrist, my car sideswiped, and a broken toe. All at lodge gatherings.

Edmonds Lodge: Saying goodbye to our Lodge and all its members has been a hard yet heartwarming experience.

We were tasked with inventory followed by dissolving all our precious belongings, our finances and many long term comrades. It has been a long road with many hugs and tears. We will keep all our friends and members in our hearts as they transfer to other lodges.

Abel Lodge (Conway)– Membership 56

This was my first lodge visit and sustained an injury. A broken wrist at the Berry–Dairy Days as the lodge had an entry in the parade. They were also the recipients of “Thor” (the Viking ship) from Edmonds Lodge and won first place at the Sedro Wooley 4th of July Logger Rodeo parade. Up until just recently this lodge was the fastest growing lodge for new members in all of District 2. They have done a phenomenal job at membership. Summer activities, meetings and newsletters have continued throughout the summer months. A summer picnic was held in August which included a Viking demo. A Viking tribe has formed and performed at the Border Fest Picnic. They are looking forward to fall activities of a school supply drive, a “Mad Hatters Tea Party”, a Christmas bake sale and bazaar, and an Open House to the Community. All proceeds from activities will go to the upgrade of “Thor” and Lodge building upgrades.

Whidby Island Nordic Lodge– Membership 68

I visited here on a beautiful island day to help with the Troll Craft Day. The trolls line the walking path behind the lodge. They have an active Bok Klubb and Games Night. Planned for fall are meetings to start again and a Thomas Darbo Troll field trip. What a joy to meet these fellow Norske friends.

Normana Lodge – Everett (Sporting a membership of 1,133 it is the largest lodge in Zone 2).

Even though they do shut down meetings during the summer months of June, July and August they continue to stay very active. They continue Line Dancing, Ball Room Dancing, Cornhole competition, Meat Draw and King of Clubs. They participated in the Everett 4th of July parade. One of the lovely perks of membership is the use of Lake Riley. The Mid–Summerfest was well attended and a fun lodge day. Meetings will start up again in September along with Pancake Breakfasts. Projects include remodeling of the bar area and planning for the Christmas Bazaar.

Wergeland Lodge (Bellingham)– Membership 46

This Lodge along with the Abel Lodge planned and executed the Border Fest at Peace Arch Park. It was a beautiful day with several Lodges from the Pacific NW and British Columbia participating. Wergeland Lodge is a small lodge. They have sold their lodge building and are meeting in a Lutheran Church. They will start up their meetings again this September. My plans are to attend the October 3rd meeting.

Fritjor Lodge (Stanwood)– Membership 144

Respectfully submitted,
Shirley Lovelace, Zone 2 Director



ZONE 3 – DIRECTOR’S MESSAGE

Dynamic 2 - Fall 2024



Hello District 2 Board Members,

The Zone 3 Report may be shorter than usual due to my busy summer and September. Since the Convention at the end of May and early June, my personal life has been very busy with packing our home of 39 years to move to a retirement community to downsize and simplify our lives. We moved at the end of June and then moved to a different apartment in the same complex at the end of June. The second move happened the weekend of the District 2 Steak Fry, so we missed it this year. Then the Washington State Fair began at the end of August, and it just ended this past weekend. All of this has prevented me from attending any of the meetings of the other three lodges beyond my own Lodge in September. Thus, I will rely on their wonderful websites and newsletters to let you know what is happening this Fall in Zone 3.

Vesterdalen Lodge held a Lodge picnic in July where many members attended where we enjoyed hotdogs donated by a local butcher and members played Kubb. Their Fall meetings include a speaker from the Scandinavian Cultural Center at PLU, a Norwegian Fall meal in October of Fårikål (mutton and cabbage), a member who will share her trip to Norway, thanks to a Foundation scholarship, in November, and their Julefest in December.

Cascade Lodge on Mercer Island has a few activities planned for the Fall. They had their picnic in early September, their September meeting with a Potluck and Ice Cream Social, and their Annual Christmas Party on December 14th. They heard from one of their youth about her experience at Trollhaugen Youth Heritage Camp. They are small but still stay busy.

Bothell has several activities coming up. The Ski for Light dinner will be on October 5 at the Bothell Lodge. Their Annual Bazaar and Bakesale will be on November 2 and their Annual Lutefisk Dinner will be on December 7th. Their meetings happen on the third Thursday of each month, which I will attend in October or November. They always have a wonderful meal and program and typically have a large attendance at their meetings.

Leif Erikson continues to have numerous activities for their Lodge members to enjoy, including Woodcarving, Dancing, Pumpkin Carving and Pizza in October, their Annual Bazaar and Nordic Market on October 26 (with a pre-Bazaar online auction from October 20). Leif Erikson Lodge always has dinner prior to their meetings, as well as a program which often has dancers. I look forward to attending some meetings at Zone 3 Lodges and work with them on a Leadership Seminar this Fall.



Thank you - Vernene



ZONE 4 – DIRECTOR’S MESSAGE

Dynamic 2 - Fall 2024

Paul Anunson

Greetings from Zone 4 parts of Western and Southwestern Washington state. The eight lodges here are striving to do the mission of the Sons of Norway the best they can!

Norden Lodge Tacoma is fully active with many activities for members and to attract new ones. They had a particularly successful salmon bake and had new members join with their rosemary class.

Grays Harbor Lodge is planning their lutefisk dinner for January and is in the process of selling their building and relocate to another location. Lutefisk dinner will be at the Hoquim Elks lodge this year.

Helegeland Lodge Cathlamet celebrated their 90 th anniversary and is active in community events like parades, county fairs, and community rummage sales. They had two new members join recently.

Oslo Lodge has had successful Viking themed dinners in October and frequent trivia events for the social events. The lodge participates in several local parades.

Hovestad Lodge Olympia had their 55 th anniversary and is planning a Julefest selling baked goods and crafts November 29. They hosted a travel presentation by Richard Earl and Rick Steaves on November 25th.

Briedablik lodge Kelso has pancake breakfasts first Sunday of the month. They are preparing lefse to sell at Holiday bazaar November 15-16 and 22-23. Christmas party in December and lutefisk dinner January 12.

Olympic Lodge Port Angeles has a fresh coat of paint on the exterior of their building and had a recent financial benefit presentation by Mike Dyal. They often have traditional dancing at their hall.

Poulsbo Lodge holds Friday night dinners and had a member drive Octoberfest with local beers for sale. Julefest is December 7 with Nordic Market, Lucia procession, and Viking bonfire. Just completed new roof with Integrity roofing and refinished main hall floors. Lutefisk dinner is January 25.

It is a pleasure serving district 2 in zone 4 and hope to help as much as I can to be a betterment of the lodges in our district. Leadership seminar is at Poulsbo lodge on December 14 and Zone seminar April 12 at Briedablik lodge in Kelso.

Fraternally,

Paul Anunson
Zone 4 Director





ZONE 5 – DIRECTOR’S MESSAGE

Dynamic 2 – Fall 2024

Dave McManus

It is great to be back in Sons of Norway activities after having some time to spend with family and personal activities. Some lodges go dark in the summer and some continue to be active. As a current lodge president, I have participated in several summer activities with my lodge. Since being elected as Zone 5 director I contacted all 8 lodges first by email introducing myself and asking for a list of dates of their upcoming activities that I may be able to attend.

Tordenskjold Lodge 2-005 I communicate regularly with President Darren and receive their newsletter. They held a Syttende Mai Picnic and played Kubb. They have had two Adopt a Highway garbage pickups. They have participated in two parades with their parade float Viking 1. They have had three lefse rolling days preparing for their November 2nd Lutefisk and meatball dinner. On 9/15 they had their 117th Anniversary dinner. On December 5th they will have their Julbord celebration. And will participate on December 7th at the Very Nordic Christmas at the Shadle Park Library of which our Lodge will help participate in. Being in proximity with this lodge it only made sense for Cindy and myself to join their membership. We are truly better together. Their current membership is 159. In 2023 membership was 172.

Harald Haarfager Lodge 2-011 I am the current President of this Lodge. On May 2nd we had an Adopt a Highway Garbage pickup. On May 17th we held a Syttende Mai flag raising with a Proclamation from the Mayor. We ate Polse with lumpe, salads, ice cream and orange soda. The event was well attended. May 29th – June 1st Harald Haarfager with Tordenskjold put on the District 2 Convention. Later in June, 16 Sons of Norway members and guests attended a Kransekake making class put on by Cindy McManus. Together, we made four beautiful Norwegian wedding cakes. Using traditional and gluten-free recipes, many members learned how to make this Norwegian cultural treasure so that they can make them at home for their own celebrations. What a great way to earn your cooking bars!

On July 4th we attended the Coeur d’Alene 4th of July Parade with our Viking Ship Float (Selma). August 7th-8th we put on a kid’s camp with 22 campers. The highlight reported by many campers was making homemade bread and butter, Norwegian peppernotter cookies and participating in a Santa Lucia celebration. On August 20th and 21st we served beer for tips at three locations at the North Idaho Fair and raised \$2500.00 dollars. On August 31st we had another Adopt a Highway garbage pickup. On September 21st we held our annual Norsk Heritage Luncheon with 50 people in attendance.

ZONE 5 – DIRECTOR’S MESSAGE

Dave McManus
continued..

We also had a Kubbe Tournament and awarded gold, silver, and bronze medals. On October 9th we will hold our annual Salmon Dinner with musical entertainment by local musicians Muckle Roe. On November 16th we will hold our Annual Lutefisk, Norwegian meatball and lefse luncheon. On December 14th we will hold our Jul Party. This also is an election year for our Lodge and we have been busy creating a new slate of officers to propose. January 2025 will be our 115th Anniversary that we are looking forward to celebrating. Current membership is 120. In 2023 it was 104.

Odin Lodge 2-041 I have been in contact with Lodge President Lance Ostrom. He invited my wife Cindy and I to their 42nd annual Lutefisk and Meatball Dinner on November 2nd. We were happy to represent District 2 at this event. On September 22nd they participated in their local Sun Fair Parade. Looking at their Facebook post it was well attended. Their current membership is 76. In 2023 it was 70.

Columbia Basin Lodge 2-080 I have been in contact with Lodge President Jamie Casteel. They participated in Odessa, WA at Deutschesfest with their Viking Ship float at the parade on September 23rd. They also will participate in the Moses Lake Agricultural Parade on December 6th. They will have their Lutefisk dinner on Saturday December 7th. They possibly may need some help at the event they will let me know after their meeting on October 7th. Their current membership is 20. In 2023 it was 23.

Sol-Land Lodge 2-086 I have been in contact with President Greg Holter, and hope to get together at one of their functions soon. Their lodge offers support to My Friends Place and Safe Harbor. It is a vital service for far too many in their community. The service provides personal hygiene and basic products to those in need. Rennae and Gretchen gave their Convention Report to the Lodge. It is great to see them sharing their experiences with the Lodge. November 16th from 10:00AM-1:00 PM they will be having a bake sale and demonstration day, featuring woodcarving, rosemaling, genealogy, painting, knitting and hand crafts. Current membership 70 members. 2023 it was 70.

I have not had any contact with these next three lodges, however it is great to see their memberships have increased in the last year.

Epledalenn Lodge 2-096

No Report. Current membership 31. In 2023 it was 20.

Grondall Lodge 2-122

No Report. Current membership 73. In 2023 it was 63.

Elvedalen Lodge 2-129

No Report. Current membership 47. In 2023 it was 45

I plan to continue my efforts of contacting and interacting with Zone 5 and will report on this in the spring.



Fraternally
Dave McManus



ZONE 6 – DIRECTOR’S MESSAGE

Dynamic 2 – Fall 2024

Richard Carr

I was elected to the position of Zone 6 Director at the District 2 Convention in Coeur d’Alene. Zone 6 encompasses the five Alaska Lodges: Bernt Balchen (Anchorage), Svalbard (Juneau), Fedrelandet (Petersburg), Midnatsol (Ketchikan), and Arctic Viking (Fairbanks). I have written to all Lodge

Presidents*, introducing myself, expressing my interest in visiting their Lodge, and asking them to share some general information about the Lodge: the number of members, the meeting schedule, and their events-activities calendar. Their responses have given me a snapshot of the Zone 6 Sons organizations.

Recurring conversations in our Lodge (Arctic Viking) and at Conventions (This year was my fourth) involve membership – how do we attract more members to our Lodge? How do we involve more of our current membership in events and activities? COVID curtailed regular activities for over a year, and even after restrictions lifted, a return to normalcy was not, has not been automatic. The Lodge in Kodiak has recently closed; our hope is that the rest will survive and thrive. The calendars indicate a schedule of appealing regular events: lutefisk dinners, Santa Lucia celebrations, harvest feasts, Syttende Mai activities, movie nights. All of these indicate a concerted effort to build and maintain community while celebrating the Scandinavian heritage.

I would like to use Arctic Viking Lodge as a model of successes and challenges for Sons of Norway. I joined SONS in 2013 and served as Lodge President from 2015-21. In the months before COVID changed our lives, our membership had increased and attendance at our monthly Friday night gatherings (potluck, meeting, cultural presentation) had also risen. Cultural presentations were identified in the local newspaper calendar, and we had a good response to lefse-making demonstrations or talks by Norwegian students attending UAF or bunad displays. Post-COVID, our big events have drawn very well; we even moved Santa Lucia to a local church because the number showing up to the Lodge for the event was too great for the space. Attendance and participation at our second-Friday-of-the-month gatherings, however, has dropped. Some long-term members are no longer showing up (health is naturally an issue), and we have had trouble attracting and keeping new members, especially families. In my visits to the other Alaska Lodges, I look forward to learning how our situations coincide and how others are meeting challenges.

*I have had no response yet from Midnatsol Lodge in Ketchikan; I hope I will before the Board Meeting.

Richard Carr





INTERNATIONAL BOARD VICE CHAIR'S MESSAGE

Dynamic 2 - Fall 2024

A handwritten signature in black ink that reads "Chris Hicks". The signature is written in a cursive, flowing style.

Greetings all:

Hard to believe that we are already into Fall. It is time to regroup and start of all the activities in the local lodges – District –International.

We had our District 2 convention this year in Cour D’Alene, ID and thank you to Harald Haarfager 2-11 and Trodenskjold 2-05 for putting on the event. We were honored to have Dan Seyfried from the home office join us and as it would have it on Saturday morning, he officially became our new CEO of Sons of Norway.

This is the 1st convention since all the governance changes have gone into effect. For about 2 years (most of the time lead by our own Mark Agerter) the International Boards “Corporate Matters and Governance Committee” has been working overtime on revising the Charter, Bylaws, Policies and Procedures (CBPP) for the organization. This work was necessitated by the referendum that passed to shift the supreme governing responsibilities from the International Lodge to the International Board of Directors (IBOD). It has been an interesting and intense process and required the input of the committee and the SON legal counsel and the approval of the IBOD members. Thank you to the Governance Committee for their ongoing work.

You as a member have access to those documents by logging onto the International website. Go to Membership Resources/Lodge Leadership/Governance.

It is also that time of the year that the local lodges should have a nominating committee in place and get new officers for the lodges. Please do not just assume that someone will keep going in their office. It is always good to get new blood and new ideas into the lodge. AND most important we need to keep an open mind when looking at new ideas. Change is not bad!

Membership

It was announced earlier this year about a Dues increase that went into effect on July 1st 2024. This is the 1st increase in 7 years. This information was communicated to the district leaders through direct emails as well as the leadership resource. It was communicated to all members through email and it was also stated in Ron’s Velkommen column in the Viking magazine.

One item to remember is fraternal expenses are not covered by membership dues alone and only about 1/3 of our members own a financial product which helps to support our lodges.

INTERNATIONAL BOARD VICE CHAIR'S MESSAGE

Chris Hicks continued.

Dues are currently \$84 per year for Single membership and \$144 per year for Family membership covers all individuals with the same legal address. Current applications can be downloaded off the website under lodge leadership and printed as you need them.

A commonly asked question is what does Sons of Norway Have to offer me? Here is District 2 a couple of things come to mind and that is our Youyh camps for your children and Grandchildren and our Recreation lodge Trollhaugen.

Fraternal

On the Fraternal side there is a new look to the website. The hope is it is easier to locate things. From the home page you can put in the search: Lodge supplies and it brings you to the supply store for you to order from and forms you can download. The store includes Sports Medals and Cultural Skills pins, Anniversary pins, as well as general lodge supplies like table flags, placemats and napkins.

I saw in the new Viking that the 2024 Christmas ornament will be available soon. The Ornament is in Old Rogaland-style design, and we have a new artist this year. This special keepsake is only \$24 plus tax, shipping and handling and expected to be available in late September.

Foundation

This year's Sons of Norway foundation scholarship cycle awarded over \$147,000 in scholarships these were awarded to bright students in the classroom and leaders in their extracurricular activities and are very involved in their communities. Each year the foundation awards scholarships from over 15 scholarship funds to members and non-member applicants. Membership in Sons of Norway is required for many of these scholarships but not all. With the 2024 camp season for District 2 this is the first time we have been able to award multiple scholarships to campers because we enlisted the assistance of the Sons of Norway foundation for our Sophie/Olsen camper scholarship fund. The Sons of Norway foundation also has grants for Norwegian culture and heritage programs as well as for lodge improvements.

Fraternally,

Chris Hicks
International Vice Chair



TUBFRIM REPORT



TUBFRIM helps those in need

UPDATED FEBRUARY 9, 2024

M. MICHAEL BRADY

Asker, Norway

In 1928, in Nesbyen in Hallingdal in Viken County, Norway, postmaster Ditlef Frantzen established Tuberkulosearbeidets Frimerkeforretning (literally “Tuberculosis work’s postage stamp business”), abbreviated TUBFRIM. Its task was to collect and sell used postage stamps with the proceeds going to aid the eradication of tuberculosis among Norwegian children.

In 1929, the organization showed its first profit of NOK 1,500. Since then, profits have risen steadily, in all adding up to NOK 23 million.

Today, the charity is owned by Nasjonal-foreningen for folkehelsen (“National Society for Public Health”). It collects and sells telephone cards in addition to postage stamps, and its profits are used to help children and young people with disabilities and handicaps, in addition to those with serious illnesses.

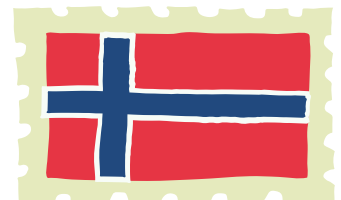
TUBFRIM is still located in Nesbyen, where it was founded, address:

TUBFRIM

P.O. Box 1

3541 Nesbyen, Norway

It has a website at www.tubfrim.no, with a version in English at www.tubfrim.no/subdet9.htm.



Credit: content from: <https://www.norwegianamerican.com/tubfrim-helps/>



DISTRICT 2 YOUTH CAMP REPORT



We had a very successful camp program this summer. For the 1st time since Covid we held all 3 camps. The staff and past staff did an outstanding outreach to those in the area and the alumni from Camp Nidaros. The goal was 10 campers to make it happen. They successfully had 8. Number 9 & 10 were sponsored by a fundraiser at the convention and an anonymous donor got them to their goal.

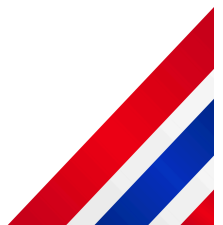
This is just the start! They are committed to keep the momentum going for next year and beyond. Our camps once again started with **Trollhaugen**. They had 17 campers, 4 boys and 13 girls. The theme this year was "Jul"! This consisted a few presentations on Jul, Jul ornaments as crafts, Jul dinner, and lots of random Jul-themed things placed here and there. Lots of returning staff and a few new and they reported camp ran like a well-oiled machine.

Next was **Nidaros** this year with only 8 campers - 6 girls and 2 boys. Every single camper was new to camp this year, and we were all very excited to see that every camper was so willing to learn the ins and outs of camp! A little bit of homesickness but by the final program, every camper came up to the director table and asked to come back again in 2025. The theme this year was "Lit Om Norge." Emilie brought a presentation she made of her time in Norway as a student. We scavenged for supplies and built troll houses which came attached to some awesome house tours and real estate stories. We had a tasting menu, including donations from Finnware (store in Astoria owned by a parent who sent their two kids to Nidaros). We snuck in a few more crafts while we got to celebrate Christmas over the middle weekend.

We finished the season with **Normanna** and 20 kids, 10 girls and 10 boys. It seemed to go very well. The first time I can remember there being an even split. They tried out having a camper only come for 1 week, the second week. It did not work out as well as we hoped as the rest of camp was already in a groove and he missed out on a lot of the back info and plans.

After a lot of work with the Snohomish County Health Department Camp Normanna is required to apply for 2 new permits. One is a facility permit and a food handlers permit both come with a cost of about a total of about \$500.00 per year w/annual inspections.

With the rise of costs to hold camp, the camp committee is requesting a tuition increase to \$725.00 for the 2025 camp session. We have held it at \$700.00 the past 3 years since we have started back after Covid.



DISTRICT 2 YOUTH CAMP REPORT

As of 2024 the funds from our "Sofie/Olson camper Scholarship" has been managed by the Sons of Norway Foundation. In the past we have had \$600-\$700 to award. This year instead of one partial scholarship for each camp we are now able to give multiple scholarships. In 2024 we had \$2200.00 available to award. As you will hear in the scholarship committee report we did not give out all of those funds (Remaining went back to principal) because we only had 4 campers apply. The committee and registerers agreed we would do a better job of marketing it for the coming year.

Next 2 years dates

Proposed Dates for 2026 Camp Sessions

Trollhaugen: June 28 – July 11

Nidaros: July 12- July 25

Normanna: July 26- August 8

Dates for 2025 Camp Sessions

Trollhaugen: June 29 – July 12

Nidaros: July 13- July 26

Normanna: July 27- August 9



Camp directors for 2025 are

Camp Trollhaugen – Ashley and Matt Huff

Camp Nidaros – Michael Baunsgard & Tameina Guthrie

Camp Normanna – Melissa Rude & Seth Tufteland

Fraternally,

Chris Hicks

District 2 Camp Committee Chair



Board Action Item: Approve increase in camp tuition to \$725.00



DISTRICT 2 SCHOLARSHIP COMMITTEE REPORT

Scholarship Committee Members

The Carl M. Saltveit Scholarship is awarded annually and covers the tuition, room, and board to attend the International Summer School at the University of Oslo. This is a permanent fund that is named to honor and remember Carl M. Saltveit Sr. who was a member of Grieg Lodge #2-015 in Portland, OR and former International Director.

This year Hanna Persson from Anchorage, Alaska was our recipient. Please encourage your members to apply for this in the future. There is no age restriction. You must have completed 1 year of college and provide transcripts as proof.

Our District has the Sofie/Olson Memorial Camp Scholarship. This scholarship is named after Sherrie Sofie and Bernice Olson, district officers both of whom passed away while in office. The Sofie/Olson Scholarship is a self-sustaining fund and only the interest is used each year for scholarships. Our goal is to award a minimum of 3 scholarships each year, one to each of the Youth Camps (Camp Nidaros, Camp Normanna, and Camp Trollhaugen). This fund is now being held at the Foundation as it will be giving us a higher interest return allowing for more scholarships to be awarded. The Scholarship is still administered by the District 2 Scholarship Committee.

This year we awarded 1 scholarship to a Camp Trollhaugen camper, and 3 scholarships to campers attending Camp Normanna. No scholarship was awarded to Camp Nidaros since there were no applications from that camp. This year \$1,150 was awarded for Sofie / Olson. To help continue the growth of the Scholarship, we are selling Norwegian flag state stickers as a fundraiser. These will be available at most District 2 events at the cost of \$5 each. 100% of that goes directly to the principal of the fund. They can be purchased from the District Youth Director.

District 2 also uses the Draxten Memorial Scholarship Fund which was established by the late Nina Draxten of Minneapolis in memory of her father, Bersvend Draxten, the first President of Sons of Norway. This fund is set up as a matching fund and can only be used to assist campers who have received a scholarship from their local lodge. The Draxten Fund can grant up to but not to exceed the amount awarded by the local lodge. These funds are managed by International Sons of Norway and distributed by the District Scholarship Chair. This year \$3,246 was awarded to District 2 campers from this fund. We had 11 lodges provide \$7,700 in scholarships to campers this year as well. It is a pleasure to serve on this committee and to award these scholarships to the deserving young people of our District. All District Scholarship guidelines and applications will be sent out to lodge secretaries and district officers in the first part of November. They will be sent out again in January. Please ask your lodge to announce them.

Fraternally,
Laurie Berg - Chairman, Seth Tufteland and Jane Bueing



TROLLHAUGEN REPORT



Another year of skiing is quickly approaching. We are still looking for a couple to be our managers. We have our advertising in several places. So, if you know someone who likes snow and a long break in the summer. Please send them our way.

Remember Trollhaugen is a great place to have a wedding, a family reunion, a lodge outing, and the list goes on. Just send an email to trollhau@outlook.com. We had the opportunity to celebrate Erling Berg at the Steak Fry, he has been on the board from the beginning and is our current VP. Over 50 years as an active Trollhaugen board volunteer. Mange Tusen Takk Erling.

Our reservations are going strong, we just need managers so that the Trollhaugen board (and their families) can have a break from taking turns managing the lodge on weekends. We have an amazing board with each person stepping in and taking a weekend to do maintenance as well as all duties as "manager for the weekend" entails. Every one of our board members works hard for Trollhaugen. Thank them the next time you see one.

Freya got an overhaul last year and now it is once again Ole the snowcat's turn for a little R&R at Club Bjørn Balstad Hus. Hopefully he doesn't need as much work as Freya did. Next work party is October 11th- 13th. Come Saturday to a little fall prepping for winter and have lunch and one night stay for working (and a bit of playing)! It's a fun time and a great opportunity to learn more about the Jewel of District 2.

Fraternally,

Erick Balstad
Trollhaugen Chairperson





WEBSITE REPORT



Greetings!

First I would like to thank the Board for selecting me as the Woman of the Year at the convention. It is a great honor, and to share the year with the honorable Mark Agerter as Man of the Year was an added plus!

As James reported the website was hacked the evening before the convention, so after the drive to Couer d'Alene, we spent time getting it back online. James' technical expertise is invaluable in regard to this aspect of the website.

At the convention I tried to keep up with some real time postings and happenings. Once home there were 100's of photos to go thru to select which ones made the website (like no bald heads and backs of people!) Then I categorized them into events. I hope that you have had time to look at them.

Since the convention I have been kept busy with photos and events. A reminder – for events I post events that are open to the public. Lodges need to post their events on their own websites – which are listed on the Lodge's page (if I have been provided the website!)

Lutefisk Lovers is up under community events, and I keep the pancakes page up all the time, as a lot of those are all year except for July and August.

I enjoy getting the information from all of you and the lodges... keep em coming!

Ha det bra!

Joan Wraalstad
Sons of Norway District 2
Website Content Manager
www.sonsofnorwayd2.org
joaniecw@outlook.com
206.963.8484



BOARDER FESTIVAL



The annual Border Festival was held on Saturday, June 29 at the Peace Arch Park on the U.S./Canadian Border. Several S/N lodges from the Pacific N.W. and British Columbia, Canada participated.

A viking tribe, the SKOGS Trollene started the day off with a game of KUBB. Following this, the tribe demonstrated their Shield Wall. The members were dressed in appropriate attire and carried shields made by the group. A potluck lunch followed.

Several D-2 and D-7 officers were in attendance. Special guests included Vivian Bates from B.C who is 100 years young and has been a S/N member for 82 years. Helen Mosdell, also from B.C, is 97 years and a S/N member for 79 years.

Also present was Eric Haugen, visiting here from Norway with his family. Eric grew up in B.C. The raffle draw of \$100.00 was won by Julie Olsen of Wergeland Lodge, Bellingham. Other winnings went from \$75.00 - \$15.00.

Entertainment in the form of music from by-gone days was provided by Glen Pearson for B.C. The climax of the day is always the crowning of a royalty. There were three princesses as candidates. The outgoing royalty was King Jesse who crowned Mikaela Mosdell as the 2024 Border Festival Queen. Mikaela is from Sleipner Lodge, D-7. She is a 4th generation S/N member. Runner-up was Kassandra Lind of Vardin Lodge, D-7. The 3rd candidate was Kali Wolf from Bothell Lodge, D-2

Thus marks another successful Border Festival.
Thanks to all who participated.

Elaine Grasdock,
President



THE SCANDANAVIAN RADIO HOUR PROGRAM

Your Lodge can become an Associate Sponsor for a donation of \$200 or more each year. Becoming a Sponsor has great benefits. It allows you unlimited advertising of your events on our monthly bulletin board, greeting from your lodge on the Christmas Show, a promotional interview for your lodge, a lodge history vignette, and co-host 2 shows during the year.

The cost of each event ad is \$50 normally, so if you have 4 events during the year, it has paid for itself. The program streams online so you can listen to it around the world. Email host Seth Tufteland to become an Associate Sponsor, scanhourkknw@outlook.com.

Seth Tufteland



The Scandinavian Hour
with your host
Seth Tufteland

Saturday & Sunday 6:00-7:00am, Saturday 9:00-10am

Stream us online at <https://1150kknw.com/listen-online>
Visit our website at www.thescandinavianhour.org

Music, News, & Interviews for the Scandinavian Community

SKI FOR LIGHT

<https://www/sfl.org>



SKI FOR LIGHT, INC.

“Skiing. Sharing. Learning. The mission of Ski for Light is to enhance the quality of life and independence of visually or mobility-impaired adults through a program of cross-country skiing.”

credit: <https://www/sfl.org>

2025 DISTRICT 2 SKI EVENTS



Yes, there is an in-person ski race at Trollhaugen on **Feb. 1st**. Make your reservations

Here is another way to participate! For the whole month of February, please record how many miles you cross-country ski. This event is open to all ages and experience levels. Send your miles to **District Two Sports Director: Alisha Anunson**. Be sure to include your *full name, age, and the lodge that you are a member of*.

The cut-off date for submitting miles is **March 15th**. Once all miles have been submitted, they will be tallied, and Laurie Berg will disperse participation awards. Results will be printed in the Dynamic 2.

Miles can be tracked for all skiing, not just miles done at Trollhaugen. 31 / 32

Email mile submissions to:
alishaanunson@gmail.com

DISTRICT 2 BOARD MEMBERS

Dynamic District 2 - 2024 -2026 Term

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